

Culinary program: Rome, Umbria and Tuscany

Written by

Tuesday, 14 June 2011 13:15 - Last Updated Friday, 29 July 2011 11:37



Day 1

Arrival in Rome Airport at 3:55 pm, transfer by private bus to Hotel Navona. Welcome meeting with a guided wine tasting on Lazio Wines and special menu in a fine restaurant Spirito Di Vino.

Our responsible will wait for the group at the International arrivals with a St. Olaf Study Travel sign.

The group will arrive at 3:55pm KLM Airlines flight 1603 from Amsterdam. She will go with the group to the Hotel, she will introduce the program and she will give all the information about the locations of the restaurant and the kitchen for the cooking lessons with dinner. She will walk with the group to the first restaurant for the guided wine tasting. She will give suggestions about restaurants, wine pubs and other locals of interest.

Day 2

Tour in Rome guided by your tour leader in the morning. Light lunch at your own. Tour in Rome guided by your tour leader in the afternoon. Cooking lesson with dinner with a traditional local menu at Wine Restaurant Enosteria.

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Our responsible will be at the hotel lobby and she will escort the group at the restaurant for the cooking lesson.

Day 3

The Baroque town: guided visit to San Pietro and the Cappella Sistina by reserved entrance and private guide.

Light lunch at your own.

Free afternoon.

Cooking lesson with dinner with a special menu al devoted to hand made pasta, for pizza and spaghetti at Wine Restaurant Enosteria.

The guide, Sara 339 3793813 will meet the participants in the Hotel at 9:30 and they will go together to the Vatican Museum for the guided visit.

Our responsible will be at the hotel lobby and she will escort the group at the restaurant for the cooking lesson.

Day 4

h. 9:00 Departure to Orvieto, by private bus. Guided visit to a winery and wine tasting of Orvieto classico wines Az.agr. Palazzone.

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Special menu in a fine restaurant in Orvieto Restaurant Zeppelin for lunch and accommodation in Hotel Filippeschi. Dinner at your own.

Our responsible will be with the group at the winery and then she will guide the group to the hotel and to the restaurant.

Day 5

Guided tour to the Orvieto centre. Guided visit to the ancient cellars excavated in the tuff and guided wine tasting lesson about the different grapes and the different techniques to make the wine.

Light lunch at your own and free afternoon.

Cooking lesson with dinner with a traditional local menu at Restaurant Zeppelin.

Night at Hotel Filippeschi.

Our responsible will be with the group and she will guide the group to the meeting with the local guide, to the entrance of the Orvieto underground and to the restaurant for the guided wine tasting and the cooking lesson.

Day 6

Departure by private bus to Florence. Guided visit to an oil farm and guided oil tasting along the road Fattoria del Castellano.

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Light lunch at your own. Guided orientation tour of Florence: the food and the wine in the Renaissance time.

Cooking lesson with dinner with a traditional local menu at Centro Italiano.

Accommodation in Hotel Silla. Our responsible will meet the group in the farm and the she will drive with the participants to Florence.

Day 7

Guided tour to Palatina Gallery in Palazzo Pitti to discover the history of food and wine in the Renaissance paintings.

Light lunch at your own.

Guided visit to a pastry and chocolate laboratory. Special menu in a fine restaurant in Florence Restaurant Gastone.

Our guides will assist your during the day program.

Day 8

Free morning and lunch at your own. Guided visit to the tracks of the old Roman food market, shopping for some of the ingredients, cooking lesson with farewell dinner at Centro Italiano.

Our guides will assist your during the day program.

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Day 9

h. 8:00 Departure by private bus to Bologna Airport.

Flight to Amsterdam 1584 KLM Airlines at 12:00 from Bologna Airport.

Your accommodation

Hotel in Rome – Hotel Navona

Hotel in Orvieto – Hotel Filippeschi

Hotel in Florence – Hotel Silla